

# **Metropolitan Social Services**

# **Program Descriptions and Eligibility Requirements**

# **Burial/Cremation Program**

Metro Social Services coordinates and provides funds for the burial or cremation of deceased persons who did not leave sufficient resources to cover the cost of their burial expenses.

# Services provided:

- Preparation and Casket provided by the funeral home establishments, including cremation if the applicant prefers
- Transport of the deceased person within Davidson County
- Gravesite in a cemetery either owned by the Metropolitan Government or plots purchased as needed by Metropolitan Government if interment is required
- Opening and closing of grave at a cemetery owned by the Metropolitan Government or plots purchased by the Metropolitan Government
- Adult-size concrete vault for deceased adults; Special combination casket/outside container for deceased infants
- Grave marker bearing the name and year of birth and death of deceased
- Cremation Services providing the applicant can provide proof of relationship to decedent
- Burial in a Veterans Cemetery if the deceased person qualifies for interment therein by having served in the military and received an honorable discharge with verification

# Eligibility Criteria:

- Was a resident of Davidson County and who died in Davidson County without means to provide for burial services (someone who is currently living in Davidson County or someone who dies in Nashville or Davidson County)
- Does not exceed the monthly allowable income as stated in the most current Federal Poverty Income Guidelines 100% Poverty Level (Current Year)
- Did not leave sufficient assets or a life insurance policy sufficient to cover the cost of burial expenses; did not die in a state or federal institution or in state or federal custody

# How to Apply:

- Applications for burial/cremation assistance must be made by the family member closest in relation to the deceased. If not available, other family members, friends, or agency representatives may apply for burial assistance for the deceased.
- All applications for burial/cremation services must be made during the hours of operation by appointment only Monday-Friday 8 am-3:30 pm. For an appointment, call 862-6458.

#### **Nutrition**

The Senior Nutrition Program provides nutritionally sound meals to eligible seniors and disabled persons. The program provides Congregate Meals in strategically located centers in Davidson County and Home Delivered Meals to eligible persons. The Senior Nutrition Program promotes better health through improved nutrition, reducing isolation of the elderly while helping them continue living independently in the community.

## Services provided:

# **Congregate Meal Sites**

- Open 4 ½ hours a day, Monday through Friday and provide:
- Meals in a group setting of senior adults
- Activities for fun, fitness and fellowship
- Nutrition Education is provided monthly



There are several congregate meal sites in convenient locations throughout Nashville including these and several others located in senior high-rise developments:

- Cohn Adult Learning Center, 4800 Park Avenue, 615-880-2343
- East Park Community Center, 700 Woodland Street, 615-862-8448
- Elizabeth Community Center, 1701 Arthur Street, 615-880-2340
- Hadley Community Center, 1037 28th Avenue North, 615-880-2290

#### Congregate Meals Eligibility Criteria

- · Age 60 or over
- Spouses of persons 60+; whom themselves is under 60 years of age
- Disabled persons under 60 years of age who reside in a senior high-rise development where congregate meals are served
- Must live in Davidson County

#### **Home Delivered Meals**

- Meals delivered to those confined to their homes
- Nutrition Education provided monthly
- Lunch or Dinner type meal provided Monday through Friday

#### Home Delivered Meals Eligibility Criteria

- Age 60 or over
- Confined to home (illness, incapacitation or disability)
- Unable to prepare own meals
- Inability to receive nutritious meals from family, friends or other resources
- Must live in Davidson County

# **Family Meal Vouchers**

- Family Meals Program is to assist in reducing hunger in the families that are receiving active case management
- This program is designed as a supplement in an emergency and/or temporary situation
- Must live in Davidson County

#### How to Apply:

- Metro Social Services is also a CHOICES provider (formerly known as Medicaid Waiver program) for Home Delivered Meals. For more information about the CHOICES program, please call 1-866-836-6678 or 615-255-1010
- Referrals are required for Home Delivered Meals services. Referrals must be made by a health care professional (MCOs, physician's office, home health care agency, hospital, and Social Workers etc.). Not all referrals result in approval for home delivered meals.
- To make a referral please call 615-880-2459 and someone will return your call within 24 hours excluding weekends to respond to your request.

# **Family Support Services**

The Family Support Services Program addresses the needs of individuals and families, assists customers in developing or improving their life skills, increasing independence and improving family stability. The program assists people who are homeless or at imminent risk of becoming homeless by providing supportive services and coordinating direct services with partner agencies.

Case management helps people find housing and jobs. Although the program provides no direct financial assistance, Information & Referral services help customers find the resources they need through the social service agencies in the community.

#### Services provided:

- Intensive Case Management
- Supportive Case Management
- Information and Referral Services
- Life Management Skills Classes
- Partners with Financial Empowerment Center



#### Off Site locations:

- Metro Nashville Public Library 615-862-5804
  - o Wandria Webb 2nd and 4th Tuesdays of the month
  - o Paul Ramsey 1st and 3rd Tuesdays of the month
- Salvation Army Paragon Mills-Second Harvest Satellite Site, Luz Belleza-Binns Monday

#### Eligibility Criteria:

- Resident of Davidson County
- At least 18 years of age
- Individuals, Families, Elderly, Disabled and Extended Families are eligible for services

### How to Apply:

- Services are provided Monday through Friday.
- Customers are seen from 8:00 to 3:00 daily by walk-in or appointment.